Dear Parents,

We have recently reviewed our school policy on jewellery and earrings in PE. We did this due to updated advice and because we became aware that we were not providing a consistent message for parents. The swimming pool and some of our external coaches had a different approach.

Our School Policy on earrings.

Advice from the Association for Physical Education (AfPE.)

All earrings need to be removed completely; children are no longer allowed to put tape around them. Children who wear earrings will not be able to take part in practical lessons but will be able to take on the role of scorer or evaluator where appropriate. Please find below details as to why earrings should not be worn;

'The reason not to wear earrings (or any jewellery) is that it can lead to injury for the wearer and for others in the class and it is the teacher's duty of care that must apply here. The reason is both about tearing of the ear lobe, but also the post of the earring going into the neck which is where the brachial nerve is running directly to the brain.'

Teachers are not allowed to remove earrings for children. Therefore, we ask that children are encouraged to learn to remove their own earrings or parents remove them for the whole day when PE is being taught.

We would also recommend that a good time to get ears pierced is the beginning of the summer holiday so that the ear is sufficiently healed to allow earrings to be removed in September.

I do hope that this means there is a clear approach for parents but if anyone has any further questions I will, of course, be happy to see you.

Kind regards

Ann Cook Headteacher