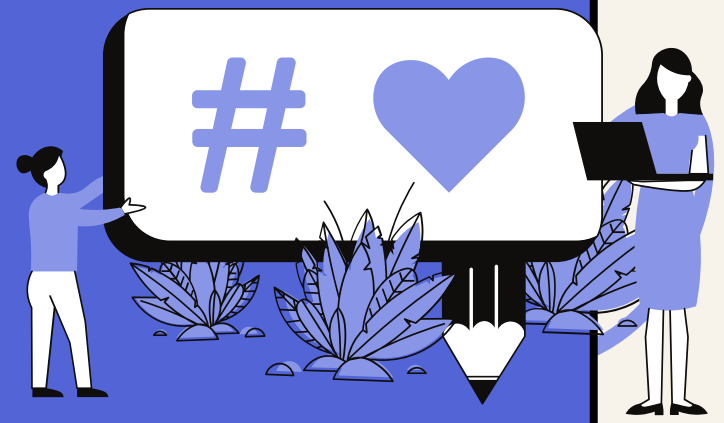


AI and Online Safety

What is AI?

AI refers to computer systems that can learn, problem-solve, create text or images, and interact in a human-like way. Children may come across AI in voice assistants, chatbots (e.g., homework helpers), image- or video-creating apps, social media filters or games, and in online recommendation systems (YouTube, TikTok, Netflix)



Benefits of AI for children:

AI can support children in positive ways, such as:

- Helping with homework research
- Supporting creativity (art, music, writing ideas)
- Assisting with communication for children with additional needs
- Providing personalised learning activities or revision tools
- Encouraging exploration and problem-solving

With guidance, AI can be a powerful tool for learning.

AI risks parents should be aware of:

- Inaccurate and misleading information
- The overuse of chatbots which could impact on wellbeing
- Over reliance on AI for schoolwork could impact on learning and development
- Deepfakes - realistic fake images, voices and videos

Practical Tips for Parents.

- Take time to understanding the tools and their safety features.
- Set rules on personal information.
- Check and install robust parental controls.
- Encourage children to check AI information is accurate.
- Supervise use where possible.
- Talk about emotions and encourage open conversations!

Where to go for support

<https://www.internetmatters.org/tech-and-kids-digital-futures/using-artificial-intelligence-safely/>

internet
matters.org

Social
Media



Safer
Lincolnshire



Stay Safe
Partnership



@StaySafe
Partner

Contact for info: SSP@lincolnshire.gov.uk <https://www.lincolnshire.gov.uk/staysafepartnership>

